

Employee Health Benefits 2026-27



Hays CISD Which Plan is Right for You?



Questions to Consider

- How much coverage do I need?
- How often do I access health care?
- Are my doctors in-network?
- Do I prefer higher premiums or pay as I go?
- Do I have regular prescriptions?

Ascension Seton/EHN Benefits for UBC Members

The Hays Choice Medical Plan, powered by the Ascension Seton/EHN, is designed to provide employees and their families with access to high-quality, cost-effective healthcare across Texas. While in-network benefits are available statewide, the network is built with a primary focus on serving members close to home for greater convenience and continuity of care. Locally, the plan partners with Ascension Seton Hospital System and their providers.

Choice and Control

The network also includes Austin Regional Clinic (ARC) and other trusted providers to deliver comprehensive, high-quality medical services. With in-network benefits, no referral requirements for specialists, and a strong emphasis on accessible, community-based care, this plan offers a balanced approach to affordability, flexibility, and quality for all members.

Need Assistance?
help@UBC-Benefits.com



Ascension Seton/EHN - Medical Plan

Overview

The Hays Choice Ascension Seton/EHN option is a local coverage only offering designed to provide members with copay-based Primary Care and Specialist office visits in exchange for higher monthly premiums. With Ascension Seton/EHN area coverage, no need for physician referrals, free generic drugs, and lower annual deductibles than the Cigna HD option, this offering provides plan members additional flexibility and cost transparency for services.

Covered	Monthly Premium
Employee	\$100
Employee + Spouse	\$1,015
Employee + Child(ren)	\$475
Employee + Family	\$1,395



Ascension Seton/EHN Plan Quick-Reference

Refer to plan documents for limitations and additional information.

Ascension Seton/EHN Plan

Feature	Your Network Costs	Your Out-of-Network Costs
Annual Deductible	\$2,500 individual / \$5,000 family	N/A
Coinsurance (after the annual deductible is met)	20% after deductible	N/A
Annual Out-of-Pocket Maximum	\$9,000 individual / \$18,000 family	N/A
Physician Services		
Office Visits - Primary	\$15 copay	N/A
Office Visits - Specialist	\$35 copay	N/A
Urgent Care Visits	\$50 copay	N/A
Emergency Care Visits	\$300 copay	N/A
Virtual Health/Behavioral (Recuro)	\$0 per consultation	N/A
Prescription Drugs		
Drug Deductible	\$300 per person (Brand / Specialty only)	
Generic (30/90 Day Supply)	\$0	
Preferred Brand	30% retail / \$300 mail order	
Non-Preferred Brand	30% retail / \$300 mail order	
Specialty	30% to a maximum of \$1,500	
International Mail-Order	Plan pays 100%	

*Subject to Affordable Care Act requirements.

Refer to plan documents for limitations and additional information.

Ascension Seton/EHN Plan (continued)

Feature	Your Network Costs	Your Out-of-Network Costs
Maternity Services		
Routine Prenatal Care	20% after deductible	N/A
Delivery in Hospital	20% after deductible	N/A
Newborn Care in Hospital (Routine)	20% after deductible	N/A
Additional Services		
Inpatient Hospital	20% after deductible	N/A
Outpatient Surgery	20% after deductible	N/A
Outpatient Surgery - Patient Choice	\$0	N/A
Lab & X-ray Outpatient (major)	20% after deductible	N/A
Lab & X-ray Outpatient (major) - Patient Choice	\$0	N/A
Lab & X-ray Outpatient (minor)	20% after deductible	N/A
Hospital Emergency Care Services (treated as network)	20% after deductible	N/A
Chiropractic	20% after deductible	N/A

*Subject to Affordable Care Act requirements.

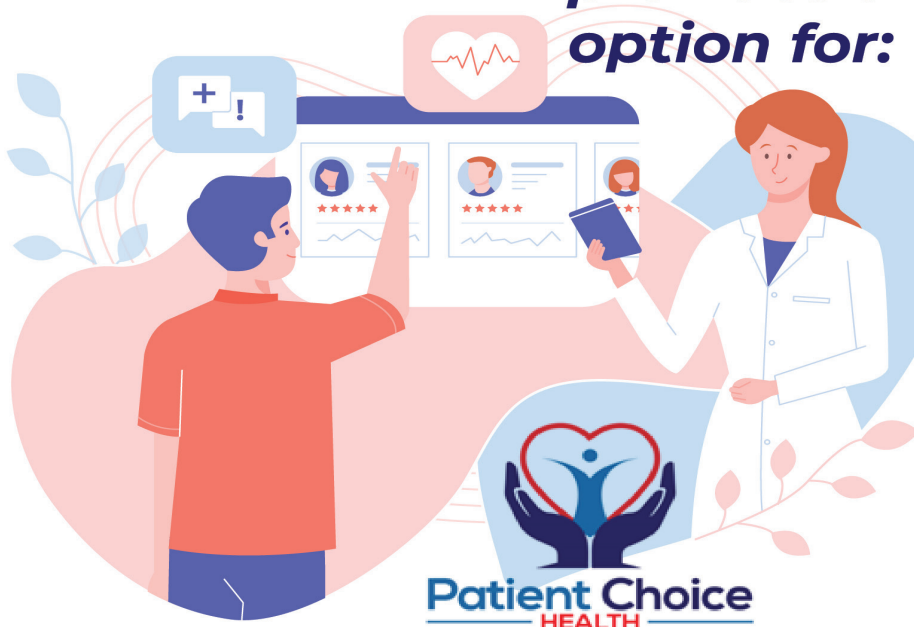
Refer to plan documents for limitations and additional information.

Ascension Seton/EHN Plan (continued)

Feature	Your Network Costs	Your Out-of-Network Costs
Preventative Care*		
Well-Child Care	Plan pays 100%, no deductible	N/A
Well-Woman Care	Plan pays 100%, no deductible	N/A
Routine Screening Mammography	Plan pays 100%, no deductible	N/A
Adult Health Assessments	Plan pays 100%, no deductible	N/A
Immunizations	Plan pays 100%, no deductible	N/A
Screening Colonoscopy	Plan pays 100%, no deductible	N/A

*Subject to Affordable Care Act requirements.

Patient Choice Network provides a no out-of-pocket option for:



Outpatient surgeries, such as:

- Shoulder Surgery
- Knee Surgery
- Hernia Surgery

Complex/major imaging.

- MRI's
- CAT Scans
- PET Scans

Rehabilitation Therapies

- Physical Therapy
- Occupational Therapy
- Cardiac Therapy
- Speech Therapy

**No deductible needs to be met
and zero co-pay**

Contact Us:

888.557.8550

UBC@patientchoicehealth.com

Cigna Benefits for UBC Members

Need Assistance?
help@UBC-Benefits.com

The Cigna Open Access Plus Network provides you with access to healthcare professionals nationwide to address your health concerns. The UBC plans offer a range of coverage options to best meet the needs of you and your family. This provides you a great deal of flexibility and the option to save significantly on your health insurance premiums.

Choice and Control

The Cigna Open Access Plus Network provides access to 17,000 facilities and more than 1,000,000 healthcare professionals.

- Cigna Nationwide Network with over 1 million healthcare professionals
- No referral necessary to see a specialist
- Lower Out-of-Pocket maximums
- In-Network Benefits



Cigna HD - Medical Plan

Overview

The Hays Choice Cigna HD Plan serves as the primary High Deductible plan option with low-cost monthly premiums in exchange for higher annual deductibles and out-of-pocket maximums. With in-network benefits, no need for physician referrals, free preventative generic drugs, and lower deductibles and out-of-pocket maximums, this plan provides premium savings to plan members with greater annual savings potential. The HD is the only plan offered that allows you to use an HSA card.

Covered	Monthly Premium
Employee	\$85
Employee + Spouse	\$995
Employee + Child(ren)	\$465
Employee + Family	\$1,365



Cigna HD Plan Quick-Reference

Refer to plan documents for limitations and additional information.

Cigna HD Plan

Feature	Your Network Costs	Your Out-of-Network Costs
Annual Deductible	\$3,400 individual / \$6,800 family	\$9,000 individual / \$18,000 family
Coinsurance (after the annual deductible is met)	20% after deductible	40% after deductible
Annual Out-of-Pocket Maximum	\$8,300 individual / \$16,600 family	\$20,500 individual / \$41,000 family
Physician Services		
Office Visits - Primary	20% after deductible	40% after deductible
Office Visits - Specialist	20% after deductible	40% after deductible
Urgent Care Visits	20% after deductible	40% after deductible
Emergency Care Visits	20% after deductible	20% after deductible
Virtual Health/Behavioral (Recuro)	\$0 per consultation	N/A
Prescription Drugs		
Drug Deductible	Integrated with medical	
Generic (30/90 Day Supply)	\$0 after deductible	
Preferred Brand	30% retail / \$300 mail order copay after deductible	
Non-Preferred Brand	30% retail / \$300 mail order copay after deductible	
Specialty	30% up to a maximum of \$1,500 after deductible	
International Mail-Order	Plan pays 100% after \$1,700 deductible	

Refer to plan documents for limitations and additional information.

Cigna HD Plan (continued)

Feature	Your Network Costs	Your Out-of-Network Costs
Maternity Services		
Routine Prenatal Care	20% after deductible	40% after deductible
Delivery in Hospital	20% after deductible	40% after deductible
Newborn Care in Hospital (Routine)	20% after deductible	40% after deductible
Additional Services		
Inpatient Hospital	20% after deductible	40% after deductible
Outpatient Surgery	20% after deductible	40% after deductible
Outpatient Surgery - Patient Choice	\$0 after \$1,750 deductible	N/A
Lab & X-ray Outpatient (major)	20% after deductible	40% after deductible
Complex/Major Imaging - Patient Choice	\$0 after \$1,750 deductible	N/A
Lab & X-ray Outpatient (minor)	20% after deductible	40% after deductible
Hospital Emergency Care Services (treated as network)	20% after deductible	40% after deductible
Chiropractic	20% after deductible	40% after deductible

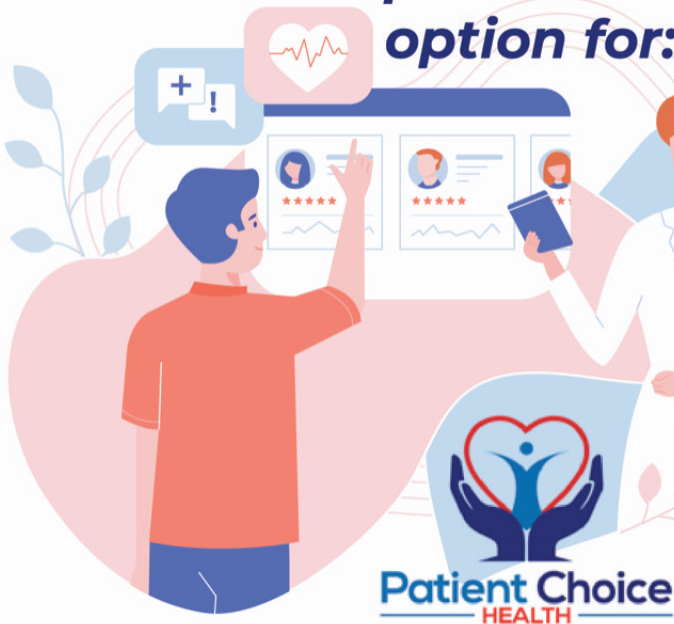
Refer to plan documents for limitations and additional information.

Cigna HD Plan (continued)

Feature	Your Network Costs	Your Out-of-Network Costs
Preventative Care*		
Well-Child Care	Plan pays 100%, no deductible	Plan pays 100%, no deductible
Well-Woman Care	Plan pays 100%, no deductible	Plan pays 100%, no deductible
Routine Screening Mammography	Plan pays 100%, no deductible	Plan pays 100%, no deductible
Adult Health Assessments	Plan pays 100%, no deductible	Plan pays 100%, no deductible
Immunizations	Plan pays 100%, no deductible	Plan pays 100%, no deductible
Screening Colonoscopy	Plan pays 100%, no deductible	Plan pays 100%, no deductible

*Subject to Affordable Care Act requirements.

Patient Choice Network provides a *low/no out-of-pocket option for:



Outpatient surgeries, such as:

- Shoulder Surgery
- Knee Surgery
- Hernia Surgery

Complex/major imaging.

- MRI's
- CAT Scans
- PET Scans

Rehabilitation Therapies

- Physical Therapy
- Occupational Therapy
- Cardiac Therapy
- Speech Therapy

Low/no deductible needs to be met and zero co-pay

*Basic HD Plan requires deductible.

Contact Us:

888.557.8550

UBC@patientchoicehealth.com

Cigna Standard - Medical Plan

Overview

The Hays Choice Cigna Standard Plan is designed to provide plan members a copay based plan offering for Primary Care and Specialist office visits in exchange for slightly higher monthly premiums. Along with in-network benefits, no need for physician referrals, free generic drugs, and lower annual deductibles and out-of-pocket maximums, this plan provides plan members additional flexibility and cost transparency for services.

Covered	Monthly Premium
Employee	\$120
Employee + Spouse	\$1,035
Employee + Child(ren)	\$485
Employee + Family	\$1,425



Cigna Standard Plan Quick-Reference

Refer to plan documents for limitations and additional information.

Cigna Standard Plan

Feature	Your Network Costs	Your Out-of-Network Costs
Annual Deductible	\$2,750 individual / \$5,500 family	N/A
Coinsurance (after the annual deductible is met)	30% after deductible	N/A
Annual Out-of-Pocket Maximum	\$9,000 individual / \$18,000 family	N/A
Physician Services		
Office Visits - Primary	\$30 copay	N/A
Office Visits - Specialist	\$70 copay	N/A
Urgent Care Visits	\$50 copay	N/A
Emergency Care Visits	30% after deductible	N/A
Virtual Health/Behavioral (Recuro)	\$0 per consultation	N/A
Prescription Drugs		
Drug Deductible	\$300 per person (Brand / Specialty only)	
Generic (30/90 Day Supply)	\$0	
Preferred Brand	30% retail / \$300 mail order	
Non-Preferred Brand	30% retail / \$300 mail order	
Specialty	30% up to a maximum of \$1,500	
International Mail-Order	Plan pays 100%	

Refer to plan documents for limitations and additional information.

Cigna Standard Plan (continued)

Feature	Your Network Costs	Your Out-of-Network Costs
Maternity Services		
Routine Prenatal Care	30% after deductible	N/A
Delivery in Hospital	30% after deductible	N/A
Newborn Care in Hospital (Routine)	30% after deductible	N/A
Additional Services		
Inpatient Hospital	30% after deductible	N/A
Outpatient Surgery	30% after deductible	N/A
Outpatient Surgery - Patient Choice	\$0	N/A
Lab & X-ray Outpatient (major)	30% after deductible	N/A
Complex/Major Imaging - Patient Choice	\$0	N/A
Lab & X-ray Outpatient (minor)	30% after deductible	N/A
Hospital Emergency Care Services (treated as network)	30% after deductible	N/A
Chiropractic	30% after deductible	N/A

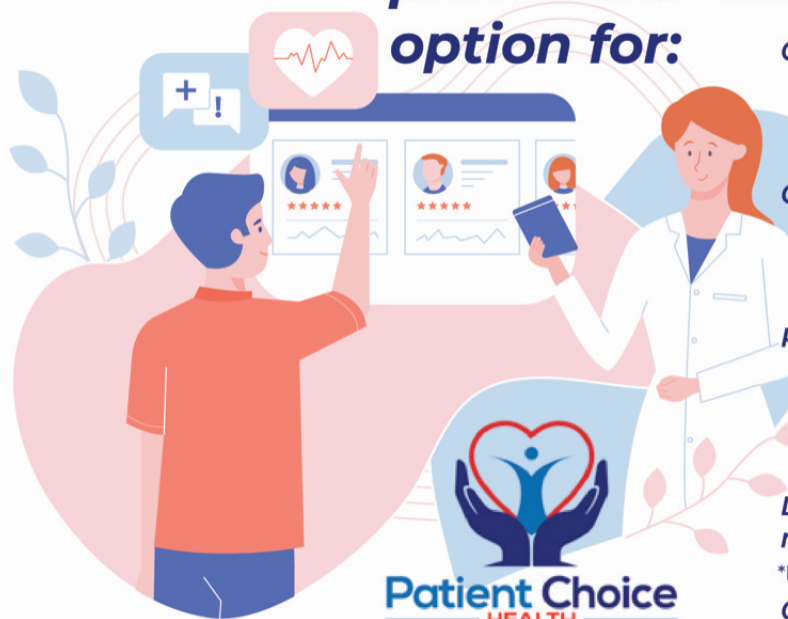
Refer to plan documents for limitations and additional information.

Cigna Standard Plan (continued)

Feature	Your Network Costs	Your Out-of-Network Costs
Preventative Care*		
Well-Child Care	Plan pays 100%, no deductible	N/A
Well-Woman Care	Plan pays 100%, no deductible	N/A
Routine Screening Mammography	Plan pays 100%, no deductible	N/A
Adult Health Assessments	Plan pays 100%, no deductible	N/A
Immunizations	Plan pays 100%, no deductible	N/A
Screening Colonoscopy	Plan pays 100%, no deductible	N/A

*Subject to Affordable Care Act requirements.

Patient Choice Network provides a *low/no out-of-pocket option for:



Outpatient surgeries, such as:

- Shoulder Surgery
- Knee Surgery
- Hernia Surgery

Complex/major imaging.

- MRI's
- CAT Scans
- PET Scans

Rehabilitation Therapies

- Physical Therapy
- Occupational Therapy
- Cardiac Therapy
- Speech Therapy

Low/no deductible needs to be met and zero co-pay

*Basic HD Plan requires deductible.

Contact Us:

888.557.8550

UBC@patientchoicehealth.com

Cigna Enhanced - Medical Plan

Overview

The Hays Choice Cigna Enhanced Plan provides the richest medical benefits in exchange for higher monthly premiums. Combining the best aspects from all other plan offerings, this plan provides copays for Primary Care and Specialists, low copays for brand drugs, free generic drugs, in-network benefits, no need for physician referrals, and the lowest annual deductibles and out-of-pocket maximums available.

Covered	Monthly Premium
• Employee	• \$190
• Employee + Spouse	• \$1,205
• Employee + Child(ren)	• \$635
• Employee + Family	• \$1,650



Cigna Enhanced Plan Quick-Reference

Refer to plan documents for limitations and additional information.

Cigna Enhanced Plan

Feature	Your Network Costs	Your Out-of-Network Costs
Annual Deductible	\$2,000 individual / \$4,000 family	N/A
Coinsurance (after the annual deductible is met)	20% after deductible	N/A
Annual Out-of-Pocket Maximum	\$7,500 individual / \$15,000 family	N/A
Physician Services		
Office Visits - Primary	\$30 copay	N/A
Office Visits - Specialist	\$70 copay	N/A
Urgent Care Visits	\$50 copay	N/A
Emergency Care Visits	\$500 copay	N/A
Virtual Health/Behavioral (Recuro)	\$0 per consultation	N/A
Prescription Drugs		
Drug Deductible	\$300 per person (Brand / Specialty only)	
Generic (30/90 Day Supply)	\$0	
Preferred Brand	30% retail / \$300 mail order	
Non-Preferred Brand	30% retail / \$300 mail order	
Specialty	30% up to a maximum of \$1,500	
International Mail-Order	Plan pays 100%	

*Subject to Affordable Care Act requirements.

Refer to plan documents for limitations and additional information.

Cigna Enhanced Plan (continued)

Feature	Your Network Costs	Your Out-of-Network Costs
Maternity Services		
Routine Prenatal Care	20% after deductible	N/A
Delivery in Hospital	20% after deductible	N/A
Newborn Care in Hospital (Routine)	20% after deductible	N/A
Additional Services		
Inpatient Hospital	20% after deductible	N/A
Outpatient Surgery	20% after deductible	N/A
Outpatient Surgery - Patient Choice	\$0	N/A
Lab & X-ray Outpatient (major)	20% after deductible	N/A
Complex/Major Imaging - Patient Choice	\$0	N/A
Lab & X-ray Outpatient (minor)	20% after deductible	N/A
Hospital Emergency Care Services (treated as network)	\$500 copay	N/A
Chiropractic	20% after deductible	N/A

*Subject to Affordable Care Act requirements.

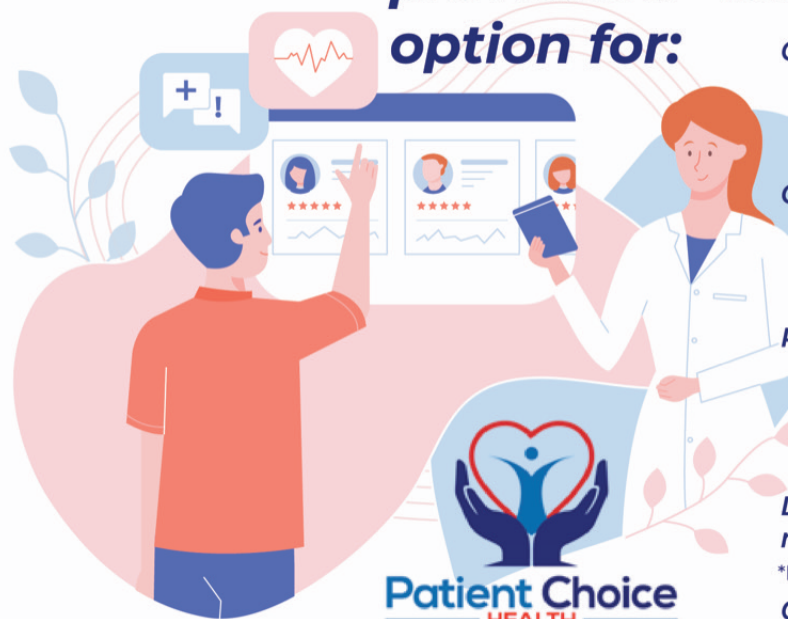
Refer to plan documents for limitations and additional information.

Cigna Enhanced Plan (continued)

Feature	Your Network Costs	Your Out-of-Network Costs
Preventative Care*		
Well-Child Care	Plan pays 100%, no deductible	N/A
Well-Woman Care	Plan pays 100%, no deductible	N/A
Routine Screening Mammography	Plan pays 100%, no deductible	N/A
Adult Health Assessments	Plan pays 100%, no deductible	N/A
Immunizations	Plan pays 100%, no deductible	N/A
Screening Colonoscopy	Plan pays 100%, no deductible	N/A

*Subject to Affordable Care Act requirements.

Patient Choice Network provides a *low/no out-of-pocket option for:



Outpatient surgeries, such as:

- Shoulder Surgery
- Knee Surgery
- Hernia Surgery

Complex/major imaging.

- MRI's
- CAT Scans
- PET Scans

Rehabilitation Therapies

- Physical Therapy
- Occupational Therapy
- Cardiac Therapy
- Speech Therapy

Low/no deductible needs to be met and zero co-pay

*Basic HD Plan requires deductible.

Contact Us:

888.557.8550

UBC@patientchoicehealth.com



Welcome to LucyRx

We're glad you're here.

Prescription care should work as it was intended—clear, affordable, and centered around you. That's why LucyRx exists: to help you get the medicine you need, with the clarity and support you deserve.

Whether it's a one-time prescription or something more complex, you're not alone—we're here to help.





Who We Are

LucyRx is your prescription care partner. We're independent, experienced, and built to make getting your medicine easier—from everyday needs to complex care.

We deliver better results through a nationwide pharmacy network, flexible plan designs, and convenient 90-day options—whether through home delivery or retail.

Behind the scenes, our proprietary, AI-powered analytics platform—LucyIQ™—helps your benefit work smarter, supporting the right care at the right cost, every time.

We serve more than 1,200 organizations across the country. But what matters most is you—and helping make your health journey easier, every step of the way.





Getting Started with Your LucyRx Benefit

Here's how to start using your benefit and access support:

- 1 Check your ID card**
Look for the LucyRx logo on the insurance card you received from Allegiance to confirm your prescription coverage. If you're unsure, ask your employer or contact our 24/7 Prescription Care team.
- 2 Show your card at the pharmacy**
When filling a prescription, show your insurance card at the pharmacy so they can process your coverage correctly.
- 3 Register online**
Visit www.lucyrx.com/members to create your digital account and view your plan details.
- 4 Download the app**
Use the LucyRx app (available in the App Store and Google Play) to manage your prescriptions anytime, anywhere.



We're proud to be on your care team.
Let's make this easier—together.



Access Your Care, Anywhere

With LucyRx, managing your prescriptions is just a tap away.
Use our mobile app or online portal to:



Track and refill prescriptions



Get refill reminders and alerts



Compare medication prices



Access your digital ID card



Locate in-network pharmacies



Check medication status or coverage



View your medication history

Your health information is always private and secure. You focus on your health—we'll take care of the rest.



How to Register for Your Digital Account

1. Visit www.lucyrx.com/members
2. Click "Let's Go to My Benefits" and follow the prompts to select "Register Now"
3. Enter the details on your insurance card and create your username and password
4. Log in via desktop, mobile, or the LucyRx app

If you're experiencing a medical emergency, call 911 or go to the nearest emergency room.

For all other medication or benefit questions, our 24/7 Prescription Care team is here to help.



We're Here When You Need Us

Have a question about your prescriptions? Need help finding a pharmacy or checking coverage? Our U.S.-based team is available 24/7—in 200+ languages—to get you the answers you need.

Call us anytime at 877-860-8846 or visit www.lucyrx.com/members

When you reach out, you'll talk to a trained specialist who can:

- ✓ Explain your LucyRx benefit
- ✓ Check coverage and medication details
- ✓ Help you find lower-cost options
- ✓ Resolve refill or delivery issues
- ✓ Connect you with a pharmacist if needed



At LucyRx, we don't just answer calls—we solve problems.



90-Day Convenience, Your Way

With LucyRx, you have options for getting a 90-day supply of your eligible maintenance medications—wherever it works best for you:

Your Local Pharmacy

Get your 90-day supply filled at one of over 60,000 pharmacies nationwide. Prefer Walmart, H-E-B, or Target? You can stick with the places you already shop.

Home Delivery

Want your medications shipped to your door? Use Walgreens Mail Service for home delivery—plus refill reminders, tracking, and copay tools included.

Getting Started:



Online:

Visit [walgreensmailservice.com](https://www.walgreensmailservice.com) to register. Once you're set up, you'll receive instructions for placing your first order.



By phone:

Call 877-787-3047. Have your insurance info ready.



Specialty Medications Made Simple

Some medicines are more complex.

If you're taking a specialty drug for a condition such as cancer, arthritis, or multiple sclerosis—LucyRx is here to help.

We don't just send your prescription to a pharmacy and hope for the best. We've built a smarter way to support you—with the care, service, and savings you need.

Personalized Support for Your Treatment

No two conditions—or members—are the same. Our Care Guides take the time to understand your situation and match you with the right pharmacy, support, or savings program.

Here's how it works:

LucyRx Care Guides Who Help You One-on-One

1

Our LucyRx Care Guides are trained nurses, pharmacists, and pharmacy techs. They're here to help you:

- Get your medicine approved
- Learn how to take it safely
- Understand what to expect during treatment
- Find ways to save money

You can call anytime—or wait for us to reach out.

We'll walk you through what comes next.

Specialty Medications Made Simple: Where You'll Get Your Medication

2

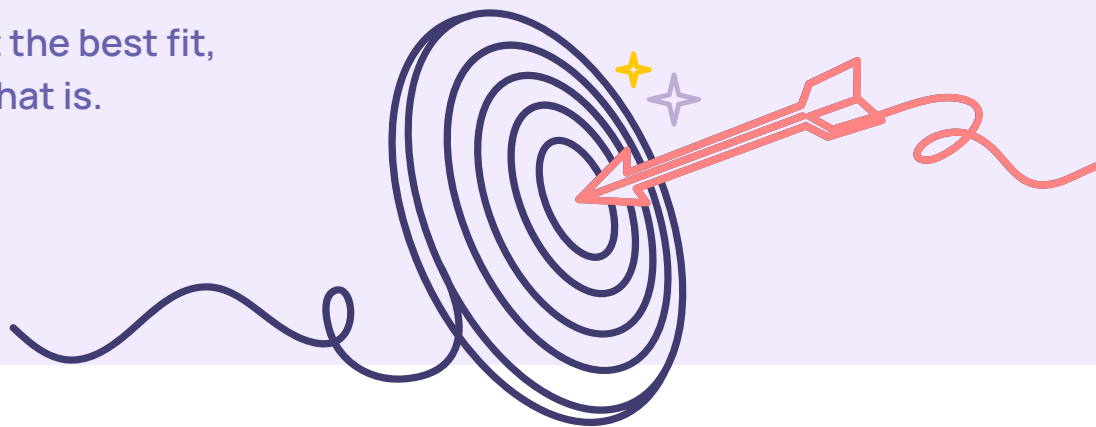
Most PBMs ship from large central pharmacies—often far from where care happens. LucyRx does things differently.

We've partnered with more than 100 health systems that operate specialty pharmacies inside their hospitals and clinics—so members can fill prescriptions where they already get care.

This can mean:

- Faster access to your medication
- In-person conversations with your pharmacist
- Better coordination between your care team and your pharmacy
- Quicker help when something's not working

If a local pharmacy isn't the best fit,
we'll guide you to one that is.





Specialty Medications Made Simple: Getting Help with Cost

3

Specialty drugs can be expensive—but LucyRx helps lower what you pay.

When your prescription is submitted, our Care Guides check for savings opportunities. If there's a better option, we'll call you and walk you through it.

We may be able to:

- **Lower your copay** – We can often apply a coupon or discount without changing your pharmacy
- **Help you get your medicine for free** – In some cases, we connect you to trusted programs or pharmacies that cover the full cost
- **Offer a safe, lower-cost alternative** – If another version of your drug works the same but costs less, we'll help you understand your options
- **Provide extra support** – For complex conditions, we may connect you with a pharmacist or nurse who checks in regularly and helps manage your treatment

**We don't wait for you to ask. If there's a way to save, we'll reach out.
And if you ever have questions, just call—we're here to help.**

Specialty Medications Made Simple: What Happens Next

4

- 1. Your doctor sends your prescription to a LucyRx specialty pharmacy**
(We'll make sure it goes to the best option in our trusted network.)
- 2. A LucyRx Care Guide reaches out to you**
(No need to call—we'll connect with you directly.)
- 3. We help you get started with the right pharmacy and support**
(From benefits to side effects, we've got you covered.)
- 4. You get your medication—and the help that comes with it**
(Coaching, savings, and guidance are all part of the package.)

Need help at any point? Your LucyRx
Care Guide is just a call away.





Support for Specialty Needs

If you're managing a complex condition, where you fill your prescription **matters**. Your LucyRx Care Guide will help route it to a pharmacy that works closely with your care team—so you get the right medication, with the right support, from day one.

This team of nurses and pharmacists offer personalized support to help you:

- ✦ Understand your medications and treatment options
- ✦ Access financial assistance and coverage guidance
- ✦ Navigate prior authorizations
- ✦ Stay on track—clinically and financially

So where will you actually get your medicine?

Let's walk through how your specialty prescription is filled—and how we make it as simple and supportive as possible.

Filling a specialty prescription

When you're managing a complex condition, getting your medication from the same place you get your care just makes sense.

That's why many specialty prescriptions can be filled at local pharmacies located inside the hospital or clinic where you're being treated. These pharmacies offer:

- ✓ Faster access to your medication
- ✓ Help from a pharmacist who knows your care team
- ✓ A simpler experience with fewer steps



How LucyRx Helps You Save

We know medications can be expensive. That's why we look for ways to help you save—before you even ask.

Our Care Guides are here to help you save in ways you might not expect. If there's a better option for your medication, we'll reach out to walk you through the next step. And it's not just for specialty drugs—we help members save across all types of prescriptions, too.

Here are just a few of the ways we help members lower their costs:

We help you switch to a lower-cost version of your medication—when it makes sense

If there's a safe alternative—like a generic or another option that works the same but costs less—we'll explain your choices and help you make the switch without disrupting your care.

We help with copay discounts

You may qualify for a coupon or manufacturer program that lowers your cost. We'll handle the paperwork and get you enrolled.

We look into pharmacy options—even international

For certain medications, we may be able to help you access lower-cost pricing through trusted pharmacies outside the U.S.

We connect you to free medicine programs

If a medication is too expensive—even with insurance—we'll check if you qualify for programs that cover the full cost.

Not sure if you're paying too much? We'll check for savings—and help you make the switch if there's a better option.



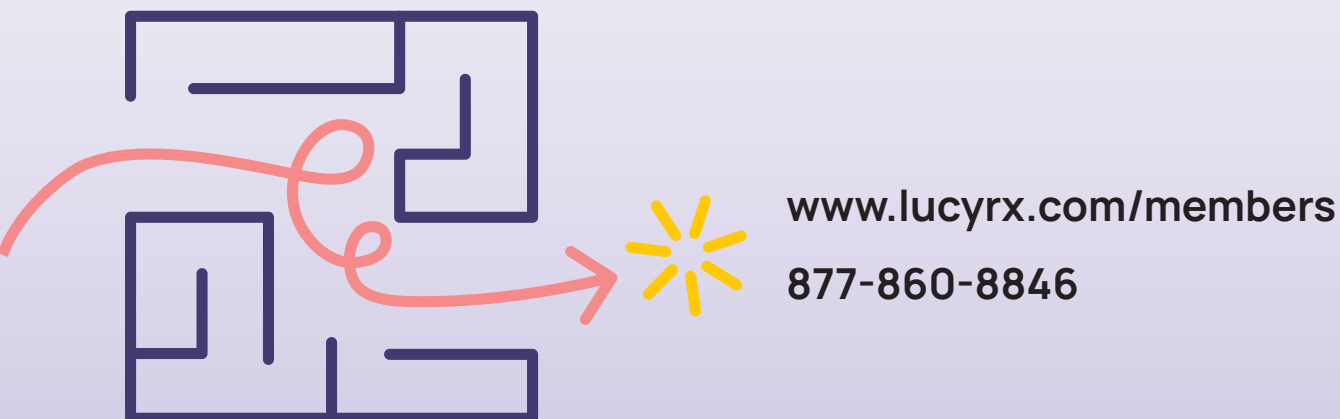


We're With You All the Way

Whether it's your first prescription or your fiftieth, LucyRx is here to make prescription care clearer, more affordable, and built around you.

Need a hand? We've got you.

Whether it's cost, access, or something unclear—we'll help you sort it out, every time.





Virtual Urgent Care

Getting Started

INTRODUCTION

Access board-certified physicians 24/7, 365 days a year for urgent medical needs. Doctors will discuss your symptoms, confirm a diagnosis, and prescribe any needed medication. Video and telephone-based visits are available, with an average wait time of just ten minutes.

Consult Fee: \$0

HOW TO ACCESS

01

Sign up with the Recuro Care app or visit the webpage below to access:
["member.recurohealth.com"](https://member.recurohealth.com)

02

Enter your employer member ID

03

Create your username and password

04

Complete your medical history

05

Schedule your consult

*Registering your account is not required to use the service, you can call 855.6RECURO anytime for 24/7 access to doctors.



Example Conditions Treated

- Acne / Rash
- Allergies
- Cold / Flu
- GI Issues
- Ear Problems
- Fever
- Insect Bites
- Nausea
- Pink Eye
- Respiratory
- UTI's
- And More...



customerservice@recurohealth.com | 855.6RECURO | Scan QR Code to Download





Virtual Therapy

Getting Started

INTRODUCTION

Receive comprehensive therapy and counseling from Recuro's Clinical Social Workers and Marriage & Family Therapists. Your therapist will work with you to reach your emotional wellness goals, developing a personalized plan and tracking progress over time.

HOW TO ACCESS

01

Sign up with the Recuro Care app or visit the webpage below to access:
["member.recurohealth.com"](https://member.recurohealth.com)

02

Enter your employer member ID

03

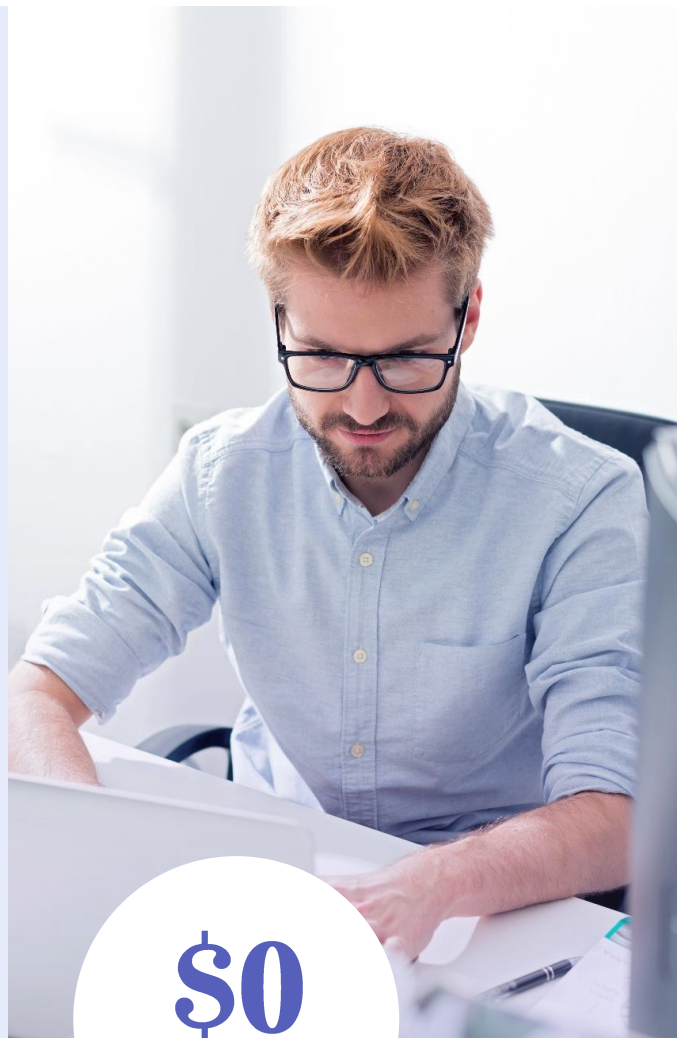
Create your username and password

04

Complete intake and wellness assessment

05

Schedule your consult



\$0

Consults

Example Conditions Treated

- Anger Mgmt
- Anxiety
- Bipolar
- Depression
- Eating Disorder
- Sleep Disorder
- Addiction
- Substances
- Grief / Loss
- PTSD
- OCD
- And More...



customerservice@recurohealth.com | [855.6RECURO](tel:855.6RECURO) | Scan QR Code to Download



Medical Plan Benefits Questions?



ubc-benefits.com/hays-cisd-benefits/

help@ubc-benefits.com

Specific Medical Coverage Questions?



Allegiance Customer Service Line:

(855) 999-6808

Questions About Prescription Cost and Coverage?



LucyRx Help Line

(877) 860-8846

